

THIRTEENTH SUNDAY AFTER PENTECOST

19TH AUGUST 2018

First Reading

Proverbs 9:1–6

The Book of Proverbs

⁹Wisdom has built her house,
she has hewn her seven pillars.
²She has slaughtered her animals, she has mixed her wine,
she has also set her table.
³She has sent out her servant-girls, she calls
from the highest places in the town,
⁴“You that are simple, turn in here!”
To those without sense she says,
⁵“Come, eat of my bread
and drink of the wine I have mixed.
⁶Lay aside immaturity, and live,
and walk in the way of insight.”

Hear the word of the Lord.

Thanks be to God

Psalm 34. 9-14

⁹ O fear the LORD, you his holy ones:
for those who fear him have no want.
¹⁰ The young lions suffer want and hunger:
but those who seek the LORD lack no good thing.
¹¹ Come, O children, listen to me:
I will teach you the fear of the LORD.
¹² Which of you desires life:
and covets many days to enjoy good?
¹³ Keep your tongue from evil:
and your lips from speaking deceit.
¹⁴ Depart from evil, and do good:
seek peace, and pursue it.

Second Reading

Ephesians 5.15-20

The Second Epistle of Paul The Apostle to The Ephesians

¹⁵ Be careful then how you live, not as unwise people but as wise,
¹⁶ making the most of the time, because the days are evil. ¹⁷ So do not be foolish, but understand what the will of the Lord is. ¹⁸ Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹ as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰ giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Hear the word of the Lord.

Thanks be to God

Gospel

John 6:51-58

The Gospel of our Lord Jesus Christ according to John
Glory to you Lord Jesus Christ.

⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

⁵² The Jews then disputed among themselves, saying, “How can this man give us his flesh to eat?” ⁵³ So Jesus said to them, “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. ⁵⁴ Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; ⁵⁵ for my flesh is true food and my blood is true drink. ⁵⁶ Those who eat my flesh and drink my blood abide in me, and I in them. ⁵⁷ Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. ⁵⁸ This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever.”

The Gospel of the Lord

Praise to you Lord Jesus Christ.

Sentence

Jesus said, ‘Those who eat my flesh and drink my blood abide in me, and I in them.’

Prayer of the day

Ever living God,
your Son, Jesus Christ, gave himself as living bread
for the life of the world:
give us such a knowledge of his presence
that we may be strengthened and sustained by his risen life
to serve you continually;
through Jesus Christ our Lord,
who lives and reigns with you in unity with the Holy Spirit,
one God, now and for ever. **Amen.**

Supplementary Readings

1 Kings 3.15-28

Psalm 34.9-18

Ephesians 6. 1-9

Prayer Response

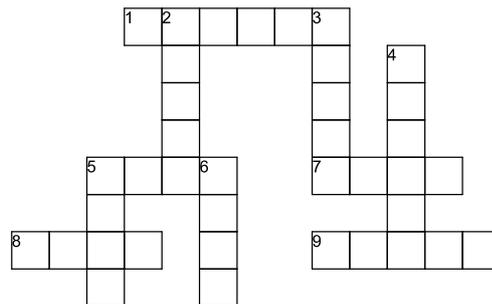
Lord may we sing your praises,
and make music in our hearts to you.



O Be Careful!

So be careful how you live. Don't live like fools, but like those who are wise. Make the most of every opportunity in these evil days. Don't act thoughtlessly, but understand what the Lord wants you to do. Ephesians 5:15-17 (NLT)

The puzzle is based on Ephesians 5:15-20.



ACROSS

1. To express appreciation for something
5. Having good judgement or common sense
7. To make music with the voice
8. A drink made from fruit, especially grapes
9. Beautiful sounds made by the voice or instruments

DOWN

2. Songs of praise to God
3. A short musical composition with words
4. To express appreciation for something
5. A drink made from fruit, especially grapes
6. Something that causes great harm

HYMNS
SING

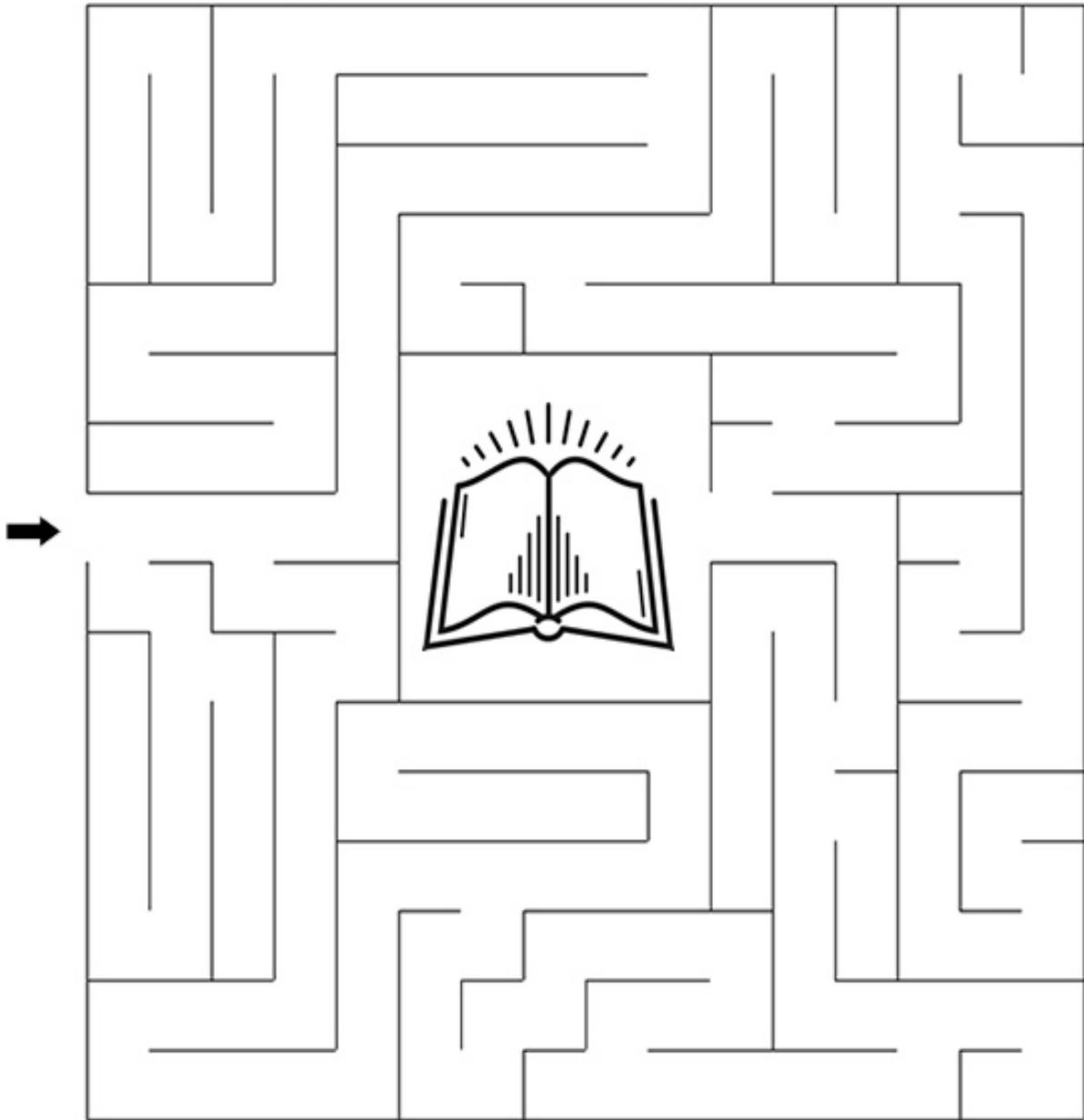
THANKS
EVIL

WINE
WINE

SONGS
THANKS

MUSIC
WISE

Looking for a Word from the Lord?



Be very careful, then, how you live — not as unwise but as wise,
making the most of every opportunity, because the days are evil.
Ephesians 5:15-16 (NIV)